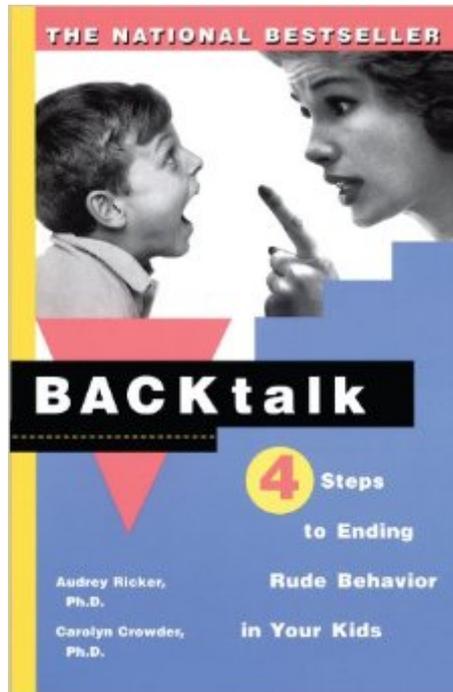


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# Backtalk: 4 Steps To Ending Rude Behavior In Your Kids



## Synopsis

"So what? All the other kids get to do it!" Few behavioral problems challenge and frustrate parents, caregivers, and teachers as does verbal rudeness in children of any age. Reinforced by the wise-cracking kids on Tv and in the movies, backtalk has become all too common among today's youngsters. But there is nothing cute about this behavior. Remarks like "Yeah, right," "Big deal," and "Make me" -- from children as young as three -- get in the way of real communication between parents and kids, and can also be detrimental to a child's social and intellectual development. Now two experts in the field share their simple and specific four-step program for ending backtalk and restoring balance in relationships between parents and children, from preschoolers to teens. You'll learn how to recognize backtalk, how to choose and enact a response that will make sense to you and the backtalker, and when to disengage from the struggle and move forward. Full of advice and encouragement as well as suggestions on how to keep track of what works and what doesn't, Backtalk can be put to use immediately, before you hear another "Whatever."

## Book Information

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## Customer Reviews

If you have young children (under 14) who 'talk back' to you, you may find this book to be of some help in undoing what can feel like a hopeless battle. My own 9-year old began talking back when he got into first grade, picking up snappy statements from TV and peers. I tried to excuse it at first as just the way modern kids talk to modern parents (I have offspring as old as 32, all boys, who never talked back this way). After deciding this really was unacceptable behavior, and recognizing that left

unattended it was getting worse, I started taking steps to stop it. This book has been one of the aids (not the solution). It doesn't expect the parent to make a friend or equal of the child (rationalize, debate, etc.), but it also doesn't encourage setting up a dictatorship. As with many things, the solution to problems is sometimes in the difficult to maintain moderation arena, which actually requires more work by the parent. I like this book because it worked - despite being difficult to do at first, once the child gets the message, repeat performances are rare and easy to stop. The book itself is short and to the point, with just four simple steps to follow. They are common sense - I suspect most of us who have this problem will recognize them - but busy, often-stressed parents will appreciate the gentle support and reminders this book offers.

- 1) Recognize what is and isn't backtalk. (if it hurts, embarrasses, annoys you, its backtalk. If the child is just relaying his feelings about something, its an opinion)
- 2) Choose an appropriate consequence (unlike 'punishment', a consequence is a result that makes sense to the child)
- 3) Enact the consequence
- 4) Disengage from the struggle with the backtalker (don't take it personally, or you're doomed).

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